PORTSMOUTH 100
1926 – 2026

Portsmouth CITY COUNCIL

WELCOME TO THE 60+ FESTIVAL 2026 PORTSMOUTH

Monday 28 September – Friday 9 October 2026

Festival of activities and events for over 60s living in Portsmouth

Forewords

Lord Mayor of Portsmouth

Councillor Abdul Kadir

Welcome to Portsmouth City Council's 60+ Festival 2026

It is my great pleasure to welcome you to this special Portsmouth100 edition of the 60+ Festival as we celebrate the centenary of Portsmouth becoming a city in 1926.

This much-loved annual festival is a wonderful opportunity to discover new activities, meet people, learn new skills and enjoy everything our city has to offer. As part of the Portsmouth 100 celebrations, this year's programme highlights the strong sense of community, friendship and civic pride that has helped shape Portsmouth over the past 100 years.

Whether you are looking to get active with wellbeing walks, exercise classes and dance sessions, explore your creativity through arts and crafts, learn something new, or simply spend time with others, there is something for everyone to enjoy. The festival is also a fantastic opportunity to celebrate the contributions that older residents continue to make to our city and communities.

As we mark this important centenary year, I encourage you to take part, try something different and, perhaps, discover a new hobby or make new friends along the way.

My sincere thanks go to all the organisations, groups, volunteers and council staff whose hard work and dedication have made this festival possible. I hope you enjoy this year's programme and join us in celebrating 100 years of our wonderful city.

Take care and best wishes.

Cllr Abdul Kadir, Lord Mayor of Portsmouth

Leader of Portsmouth City Council,

Councillor Steve Pitt

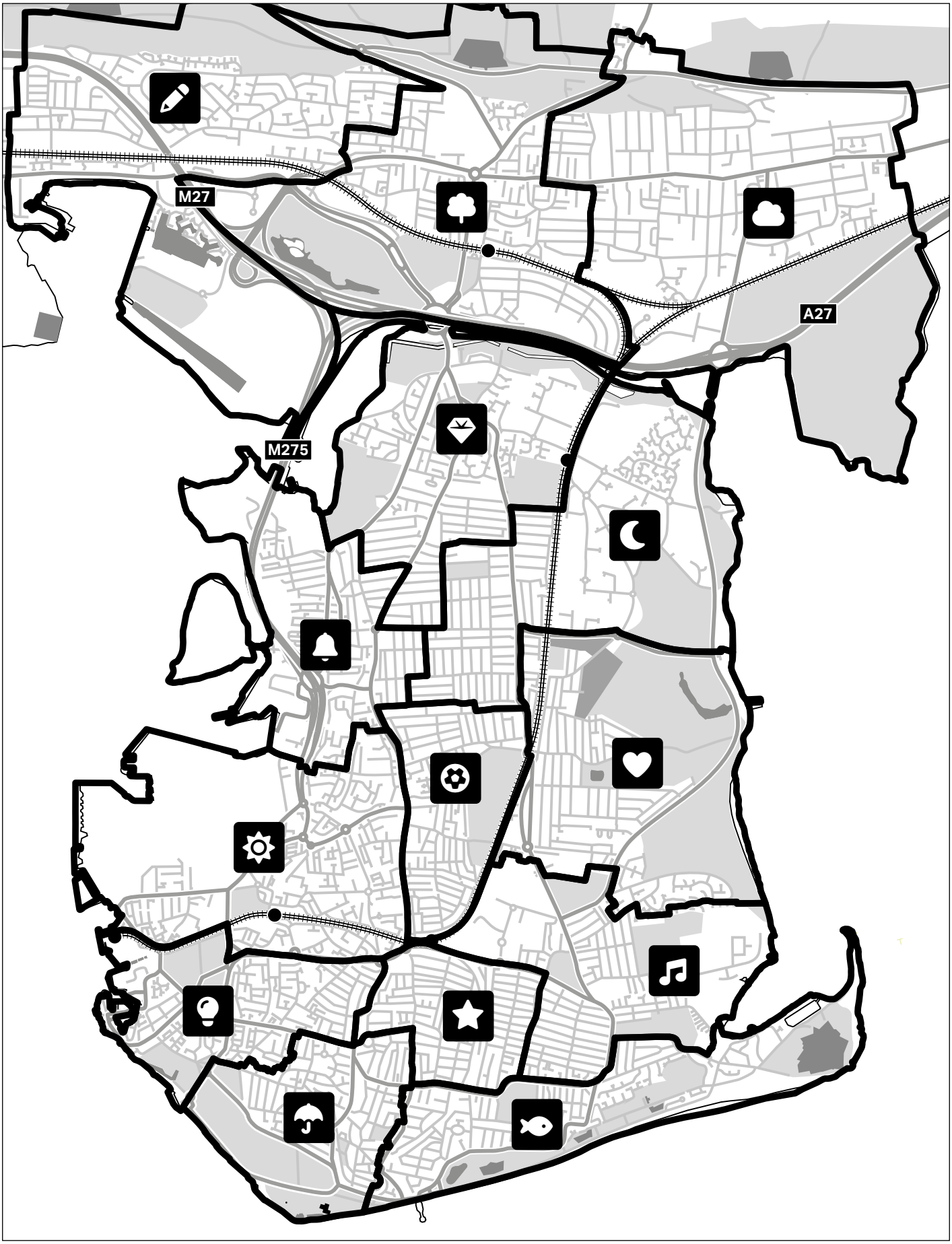
Portsmouth City Council is particularly proud to be hosting this year's 60+ Festival during this year of celebrations, as we mark the centenary of Portsmouth gaining city status.

The Festival starts on Monday 28 September and runs until Friday 9 October.

The 60+ Festival aims to bring people together to find out about the amazing range of activities, clubs and events that happen across this city throughout the year. I am always pleasantly surprised by the range of fitness activities that are available – from walking tours and groups to more active pursuits such as exercise classes. Get together, make new friends and explore and enjoy what this city has to offer for those who are 60+. Make sure you get involved over the two weeks of the festival and please do take the opportunity to try a new activity! I want to thank each of the organisers and clubs participating during this centenary year, without their input we couldn't bring this festival to all of the 60+ people in the city.

Cllr Steve Pitt, Leader and Cabinet Member for Culture, Regeneration and Economic Development

Map of Portsmouth



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60+ Festival at a glance

Week one: Monday 28 September – Sunday 4 October

Monday 28 September	Page	Start	Finish
Gentle, Relaxing Yoga	7	9am	10am
Wellbeing Walk – Victoria Park	7	10.30am	11.15am
Wellbeing Walks – Derby Road	7	12.15pm	1.15pm
Wellbeing Walk – Pier to Pier	7	1pm	2pm
Your Pompey Life in Three Objects	8	1.30pm	3pm
History of Portsmouth	8	2pm	3.30pm

Tuesday 29 September	Page	Start	Finish
Groove & Move: Aerobics	8	9am	9.45am
Slimming World	8	9.30am	
Barre Fitness – Sarah Moore Dance	9	9.30am	10.30am
Welcome to Milton Piece Community Allotment	9	10am	12pm
Wellbeing Walk – Foreshore	9	10.30am	11.30am
Wellbeing Walk – Civic Offices	9	12.15pm	1.05pm
Diversi-Tea social group – Seated exercise	10	12.30pm	2.30pm
Wellbeing Walk – Park to Park	10	1pm	1.30pm
Tech Support	10	1pm	2pm
Tech Support	10	2pm	3pm
Cooking for wellbeing	10	1pm	3pm
Childhood in Portsmouth During WWII	10	1.30pm	3pm
Bingo	11	6.30pm	8.30pm

Wednesday 30 September	Page	Start	Finish
Hidden Treasures of the Library	11	10am	12pm
U3A Coffee Morning	11	10.15am	11am
Wednesday Workout	11	10.15am	11am
A Common Ramble	12	10.30am	11.30am
Wellbeing Walk – Baffins Pond	12	10.30am	11.30am
Fratton Friends Arts and Crafts	12	10.30am	12pm
A Peek Behind the Scenes at The D-Day Story museum	12	11.00am	11.45am
Barre Fitness – Sarah Moore Dance	13	11am	12pm
Seated Yoga	12	11am	12pm
Welcome to Milton Piece Community Allotment	13	11am	3.30pm
Light and Easy	13	11.15am	12pm
Dance Fitness – Sarah Moore Dance	14	12pm	1pm
Nordic Fitness	14	1pm	2pm

Wednesday 30 September	Page	Start	Finish
Wellbeing Walk – Old Portsmouth	14	1.30pm	2.30pm
Victory Indoor Bowls	14	2pm	4pm
Local Government Reorganisation Talk	15	3.45pm	4.45pm
Victory Indoor Bowls	14	6pm	8pm

Thursday 1 October	Page	Start	Finish
Staying Safe at Home	15	9.30am	11am
Smart phone photography – Portsmouth History	15	10am	12pm
Guided Photo Walk: Southsea Seafront	15	10am	12pm
Wellbeing Walk – Hilsea Lines	16	10.30am	11.30am
Nature Watch	16	10.30am	12.30pm
Palette in the Park: Gatcombe Garden	16	10.30am	12.30pm
Smart phone editing	16	12.30pm	3pm
Introduction to Ancestry	17	1pm	3pm
Creative Craft Group	17	1pm	3pm
Fratton Friends Variety Club	17	2pm	4pm
Tour of Portsmouth Silver Collection	17	2.30pm	4.30pm
Backstage Pass	17	2.30pm	4.30pm

Friday 2 October	Page	Start	Finish
Wellbeing Walk – Seafront	18	10.30am	11.30am
Bingo	18	11am	1pm
Coffee & Company	18	1.30pm	3pm
The Portsmouth100 Challenge	18	2pm	4.30pm
No Strings Badminton	19	6.30pm	7.30pm

Saturday 3 October	Page	Start	Finish
Guided Plant Walk – Canoe Lake to Southsea Common	19	10am	11.30am
Wellbeing Walk – Hilsea Lido	19	10.30am	11.30am

Sunday 4 October	Page	Start	Finish
Wellbeing Walk – Canoe Lake	19	10.30am	11.30am
Tour of Portsmouth Cathedral Bell Tower and 150 year old clock	20	1.30pm	2.30pm
Wellbeing Walk – Milton Foreshore	20	2pm	2.45pm
Tour of Portsmouth Cathedral Bell Tower and 150 year old clock	20	2.30pm	3.30pm

Week two: Monday 28 September – Friday 9 October

Monday 5 October	Page	Start	Finish
Gentle, Relaxing Yoga	20	9am	10am
Nordic Fitness	20	9.30am	10.30am
Wellbeing Walk – Victoria Park	21	10.30am	11.15am
Fratton Friends New Age Kurling	21	10.30am	12pm
Walking Netball	21	11am	12.30pm
TOFFS Over 50s Racquet Sports	21	12pm	3pm
Wellbeing Walks – Derby Road	22	12.15pm	1.15pm
Wellbeing Walk – Pier to Pier	22	1pm	2pm
Welcome to Milton Piece Community Allotment	22	1.30pm	3pm
Portsmouth Pensioners Association Monthly Meeting	22	1.30pm	3.30pm
Walking Football	23	6pm	7pm
Walking Netball	23	7pm	8pm

Tuesday 6 October	Page	Start	Finish
Groove & Move: Aerobics	23	9am	9.45am
Barre Fitness – Sarah Moore Dance	23	9.30am	10.30am
Slimming World	24	9.30am	
Welcome to Milton Piece Community Allotment	24	10am	12pm
Southsea Morning Women's Institute	24	10am	12pm
Games Club	24	10am	12pm
Book Launch – 'Red Red Robin – My Long Goodbye to Home' by Alison Light	25	10.30am	12 noon
Wellbeing Walk – Foreshore	25	10.30am	11.30am
Wellbeing Walk – Civic Offices	25	12.15pm	1.05pm
Diversi-Tea	25	12.30pm	2.30pm
Wellbeing Walk – Park to Park	26	1pm	1.30pm
Tech Support	26	1pm	2pm
Cooking for wellbeing	26	1pm	3pm
Getting to grips with your Android smartphone	26	1pm	3pm
Tech Support	26	2pm	3pm
Staying Safe at Home	27	3pm	4.30pm
Southsea Coastal Scheme – Design to Construction	27	4pm	5.30pm
Bingo	27	6.30pm	8.30pm

Wednesday 7 October	Page	Start	Finish
Cyber Security for beginners	27	10am	11am
Tour of Portsmouth Silver Collection	28	10am	11am
Conan Doyle: Doctor, Author and Adventurer	28	10am	11am
Wednesday Workout	28	10.15am	11am
Fratton Friends Arts and Crafts	28	10.30am	12pm
Wellbeing Walk – Baffins Pond	28	10.30am	11.30am
Book Launch – 'We Built the City: A record of the Achievements and Experiences of Older People in Portsmouth'	29	10.30am	12 noon
Veterans' Bereavement Café	29	10.30am	12.30pm
Seated Yoga	29	11am	12pm
Introduction to Researching your Family Tree	29	11am	1pm
Welcome to Milton Piece Community Allotment	30	11am	3.30pm
Light and Easy	30	11.15am	12pm
Dance Fitness – Sarah Moore Dance	30	12pm	1pm
Nordic Fitness	30	1pm	2pm
Wellbeing Walk – Old Portsmouth	31	1.30pm	2.30pm
Victory Indoor Bowls	31	2pm	4pm
Victory Indoor Bowls	31	6pm	8pm

Thursday 8 October	Page	Start	Finish
Getting to grips with Artificial Intelligence	31	10am	12pm
History of Portsmouth	31	10.30am	11.30am
Wellbeing Walk – Hilsea Lines	32	10.30am	11.30am
Nature Watch	32	10.30am	12.30pm
Palette in the Park: Highland Road Cemetery	32	10.30am	12.30pm
The Stories Behind Britain's Biggest Film Stars	32	11am	1pm
Introduction to Ancestry	33	1pm	3pm
Fratton Friends Variety Club	33	2pm	4pm
Backstage Pass	33	2.30pm	4.30pm
Southsea Coastal Scheme: Environment and Heritage	33	4.30pm	5.30pm

Friday 9 October	Page	Start	Finish
Wellbeing Walk – Seafront	34	10.30am	11.30am
Bingo	34	11am	1pm
No Strings Badminton	34	6.30pm	7.30pm

Portsmouth Pensioners Association

Portsmouth City Council would like to thank the Portsmouth Pensioners Association (PPA) for their involvement and commitment to the 60+ Festival over the last 35 years, since the festival was initiated by former Councillor Alan Burnett. Alan, now Chair of the PPA, remains involved and committed to the festival's continuing success.

How to book

Welcome to your guide to the 60+ Festival 2026! You are welcome to just turn up for lots of the activities in this brochure. If an activity requires pre-booking this will be stated.

If the activity description states that places are limited, please be prepared to turn up early to secure your space, places will be allocated on a first come first served basis.

We hope that you enjoy the festival!

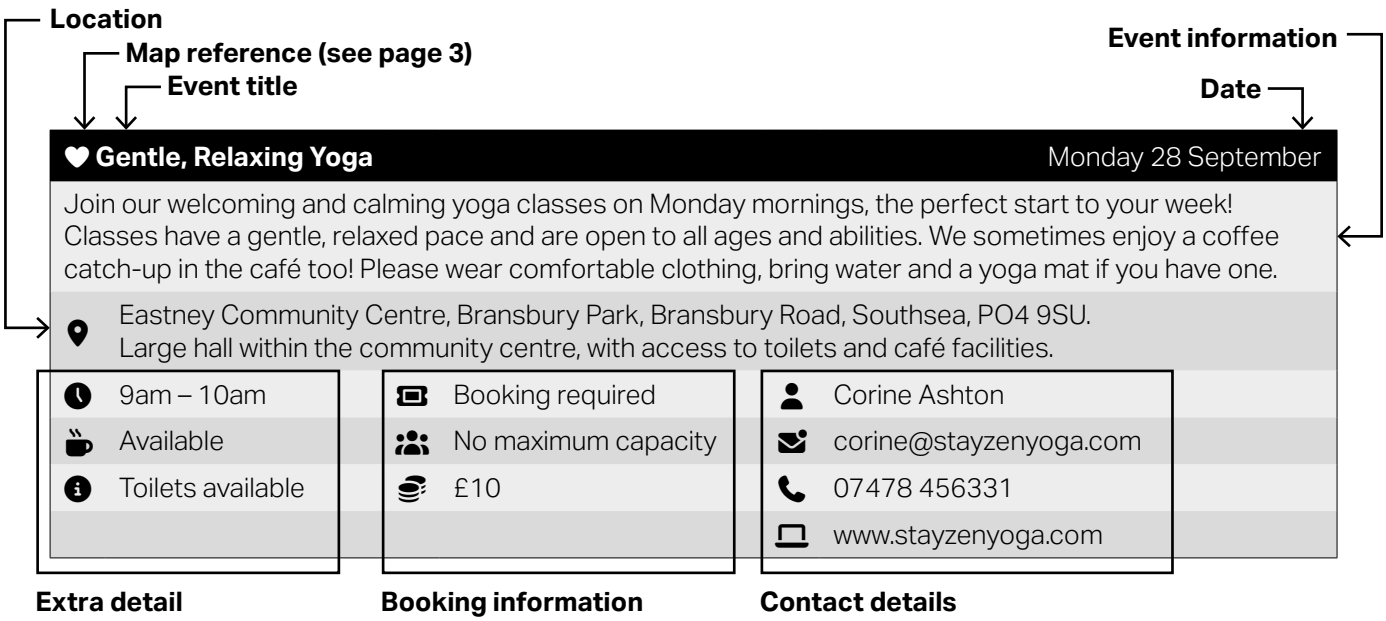
The Events Team

The Cosy Corner Café

The Cosy Corner Café is open Monday to Friday 9am–2.30pm, it is a warm and welcoming space located inside the Bradbury Centre offering hot drinks, light meals and homemade cakes. It's more than just a café, it's a friendly hub where older people and the local community can relax, socialise and enjoy good company in a safe and supportive environment.

Portsmouth age UK

Understanding the listings



You can request this information in large print, Braille, audio or in another language by calling 023 9268 8032

Events

Event location Event time Booking requirement Maximum event capacity Cost
Refreshments Who to contact for more information Email address Phone number
Website or social media information Further information

Monday 28 September

Gentle, Relaxing Yoga — Monday 28 September

Join our welcoming and calming yoga classes on Monday mornings, the perfect start to your week! Classes have a gentle, relaxed pace and are open to all ages and abilities. We sometimes enjoy a coffee catch-up in the café too! Please wear comfortable clothing, bring water and a yoga mat if you have one.

Eastney Community Centre, Bransbury Park, Bransbury Road, Southsea, PO4 9SU.
Large hall within the community centre, with access to toilets and café facilities.

9am – 10am	Booking required	Corine Ashton
Available	No maximum capacity	corine@stayzenyoga.com
Toilets available	£10	07478 456331
		www.stayzenyoga.com

Wellbeing Walk – Victoria Park — Monday 28 September

Ramblers Wellbeing Walk – Come along to our short Victoria Park walk to meet others and socialise. We take a slow walk around the park, taking in the nature and chatting. Meet at the tunnel entrance to the park.

Victoria Park, Anglesea Road, Portsmouth, PO1 3HJ. Meet through the tunnel entrance to Victoria Park.

10.30am – 11.15am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Wellbeing Walks – Derby Road — Monday 28 September

Ramblers Wellbeing Walks – Come along to our Derby Road walk where we walk over to the Stamshaw Foreshore, meet new people and socialise. Open to all.

Meet outside the post office at Derby Road, 6a Derby Road, Portsmouth, PO2 8HH.

12.15pm – 1.15pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Wellbeing Walk – Pier to Pier — Monday 28 September

Ramblers Wellbeing Walks – Come along to our pier to pier walk to meet others and socialise. We meet at Speakers Corner and walk to Clarence Pier back past South Parade Pier to meet after for a social.

Meet at Speakers Corner next to the Briny, Southsea, Portsmouth, PO4 0SH.

1pm – 2pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Your Pompey Life in Three Objects — Monday 28 September

A chance to bring along a few of your precious objects which are associated with your life in Portsmouth. An opportunity to talk about your life locally by means of possessions which bring back memories. A special event by PPA for members and interested older people who would like to share their special experiences.

Council Chamber, 2nd Floor, Guildhall, Portsmouth City Council, Civic Offices, Guildhall Square, PO1 2AL.		
1.30pm – 3pm	No booking required	Alan Burnett
Not available	No maximum capacity	alanburnett@live.co.uk
	Free	

History of Portsmouth — Monday 28 September

Are you interested in learning about the amazing history of our fantastic city? This 1.5-hour session will introduce fun facts and information about the city we all live in. Come along and share your experiences of living in Portsmouth, the great waterfront city.

Cosham Library, Spur Road, Cosham, Portsmouth, PO6 3EB.		
2pm – 3.30pm	Booking required	Hugh Cull
Not available	No maximum capacity	hugh.cull@copc.ac.uk
	Free	023 9284 1762

Tuesday 29 September

Groove & Move: Aerobics — Tuesday 29 September

Groove & Move is a fun, low-impact aerobics class hosted by BH Live in Portsmouth, designed to improve fitness, coordination, and wellbeing through easy-to-follow movement routines set to music. Suitable for all abilities. Participants should wear comfortable clothing, supportive trainers, and bring a bottle of water. Bookable via BH Live website, app or phoning centre.

Mountbatten Centre, Twyford Avenue, Portsmouth, PO2 9QA.		
9am – 9.45am	Booking required	BH Live
Not available	35	carla.earle@bhlive.org.uk
	£5.50	07458 126718
		bhliveactive.org.uk

Slimming World — Tuesday 29 September

Find real support in your local group. Real food, real support, real results.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
9.30am	No booking required	Lacey Moth
Not available	No maximum capacity	chocolate-7@hotmail.co.uk
	£6.65	07931 690630

Barre Fitness – Sarah Moore Dance

Tuesday 29 September

Join Katie for barre fitness, a mixture of ballet movements with yoga and Pilates. No experience necessary. All equipment provided.

CourtX studio (downstairs), Canoe Lake Tennis Pavillion, Canoe Lake, Southsea Esplanade, Southsea, PO4 9RF.

9.30am – 10.30am	Booking required	Sarah Moore
Not available	12	info@sarahmooredance.co.uk
	£5	07708 792928

Welcome to Milton Piece Community Allotment

Tuesday 29 September

Discover the community allotment – a relaxed, supportive space to enjoy nature, boost wellbeing, and meet new people. There is an opportunity to try gardening, though it is not essential. We'll have refreshments ready for you. There's a large polytunnel with shelter and seating if the weather is wet. Just remember to wear warm outdoor clothing. The site is wheelchair accessible and toilets nearby.

Milton Piece Allotments, Locksway Road, Portsmouth, PO4 8LF. We are at the end of Locksway Road next to Waterlock Gardens bus stop. Please follow the gravel track into the car park and meet at the metal gates.

10am – 12pm	No booking required	Lorna Knight
Available	No maximum capacity	iwt@portsmouthcc.gov.uk
Free parking	Free	023 9284 1762

Wellbeing Walk – Foreshore

Tuesday 29 September

Moderate pace walk where you can meet others. Approximately 60 minutes/2.5 miles. Some slopes/stairs. We finish at the community centre for a social cup of tea afterwards.

Buckland Community Centre Reception Area, Buckland Community Centre, Malins Road, Portsmouth, PO2 7BT.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
Free parking	Free	023 9283 4130

Wellbeing Walk – Civic Offices

Tuesday 29 September

Free walks to meet others and socialise. Meet at 12.15pm outside the main entrance to the Civic Offices This is a faster paced walk. Approximately 50 minutes/2.5 miles.

Meet outside the front entrance to The Civic Offices, Guildhall Square, Portsmouth, PO1 2AL.

12.15pm – 1.05pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Diversi-Tea social group – Seated exercise

Tuesday 29 September

Diversi-Tea social group – Seated exercise. Take part in this friendly social group where you can have a cup of tea/coffee, chat and do some seated exercise.

Oasis Centre, Arundel Street, Portsmouth, PO1 1LD.		
12.30pm – 2.30pm	No booking required	Independence & Wellbeing Team
Not available	18	iwt@portsmouthcc.gov.uk
	Free	023 9284 1762

Wellbeing Walk – Park to Park

Tuesday 29 September

Meet others to socialise outside and get some fresh air. A short walk from Eastney Community Centre to Milton Park. We finish after in Milton Village café for refreshments if you would like to join us. We meet outside Eastney Community Centre on the bench.

Eastney Community Centre, Bransbury Park, Bransbury Road, Southsea, PO4 9SU.		
1pm – 1.30pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Tech Support

Tuesday 29 September (weekly)

Weekly one-to-one tech support to help you feel more confident with your devices, digital sessions for all abilities and all devices.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.		
1pm – 2pm	Booking required	Age UK
2pm – 3pm	No maximum capacity	enquiries@ageukportsmouth.org.uk
Weekly	£5 per hour	023 9286 2121

Cooking for Wellbeing

Tuesday 29 September

Healthy food doesn't have to be bland or boring. Discover how to create delicious, nourishing meals that not only taste great but can also help you feel your best. In this practical 2-hour cooking workshop, you'll learn to prepare simple, healthy recipes using ingredients that support physical wellbeing and a positive mood.

The Learning Place, 6 Derby Road, North End, PO2 8HH.		
1pm – 3pm	Booking required	The Learning Place
Not available	6	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Childhood in Portsmouth During WWII

Tuesday 29 September

Public Talk: Childhood in Portsmouth During WWII.

Menuhin Room, 3rd Floor Central Library.		
1.30pm – 3pm	No booking required	Portsmouth History Centre
Not available	No maximum capacity	portsmouthhistorycentre@ portsmouthcc.gov.uk
	Free	023 9268 8046

Bingo — Tuesday 29 September

A friendly bingo session enjoyed by all. Expect a very warm welcome. Raffle at half time.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
6.30pm – 8.30pm	No booking required	Fratton Community Centre
Available	No maximum capacity	frattoncc@yahoo.co.uk
	£1	023 9275 1441

Wednesday 30 September

Hidden Treasures of the Library — Wednesday 30 September

Come and take a look at the library's hidden treasures, including the Conan Doyle Collection, 300-year-old books from the library basement, and the Local History collection. As well as the treasures, be prepared to see some trash... including examples from the library's infamous shelf of shame!

Portsmouth Central Library, Guildhall Square, Portsmouth, PO1 2DX .		
10am – 12pm	No booking required	Mark Zumpe
Not available	40	AskALibrarian@portsmouthcc.gov.uk
	Free	023 9268 8258

U3A Coffee Morning — Wednesday 30 September

Come along and find out more about your local u3a over a cuppa and a biscuit. We run groups covering a wide range of subjects from archaeology to walking groups. Our motto is 'Learn, Laugh, Live.' Most of our meetings are in the community centre and there is a cafe here which helps people to socialise and make new friends.

Somerstown Community Centre, River's Street PO5 4EY.		
10.15am – 11am	No booking required	Susan Johnston
Included	40	jobinemarmion@hotmail.com
Room 4	Free	023 9289 2010

Wednesday Workout — Wednesday 30 September

A class designed for everyone, an accessible workout for all strengths and physical abilities.

John Pounds Community Centre, 23 Queen Street, Portsmouth, PO1 3HN. Come and see us at reception to book in and find your class.		
10.15am – 11am	Booking required	Rebecca Spencer
Not available	5	JPCHealthyLivingTeam@portsmouthcc.gov.uk
	Free	023 9289 2010

A Common Ramble — Wednesday 30 September

A walk around Milton Common with the Countryside Officer taking a look at the late season flowering plants and other passing wildlife. All walkers are advised to wear sun hats and bring plenty of water. Please note, path surfaces may not be suitable for all.

Meeting by the park entrance board opposite Sanderling Road, Milton Common, Moorings Way, Portsmouth, PO4 8BY.

10.30am – 11.30am	Booking required	Donna Cook
12pm – 1pm	10	parks@portsmouthcc.gov.uk
	Free	07899 828197

Wellbeing Walk – Baffins Pond — Wednesday 30 September

Come along to our walk to meet new people and socialise. We meet outside Alderman Lacey Library at Baffins and there is the option for a longer walk over 1 hour to Milton Foreshore, or a shorter walk around the pond. Finish after for refreshments at a local cafe.

Meet outside Alderman Lacey library facing the pond. Alderman Lacey Library, 98 Tangier Road, Portsmouth, PO3 6HU.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Fratton Friends Arts and Crafts — Wednesday 30 September

A group of people who enjoy sharing their arts and crafts knowledge. Projects include creating stand out pieces for the centre. Come along and share a morning's fun.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.

10.30am – 12pm	Booking required	Independence & Wellbeing Team
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£3.50	023 9275 1441

A Peek Behind the Scenes at The D-Day Story museum — Wednesday 30 September

Come and find out about some of the latest historic artefacts to enter The D-Day Story's collections, and their fascinating histories, in this talk by museum curator, Andrew Whitmarsh.

The D-Day Story, Clarence Esplanade, Southsea, PO5 3NT.

11.00am – 11.45am	No booking required	The D-Day Story
Available	55	theddaystory@portsmouthcc.gov.uk
	Free	023 9288 2555

Barre Fitness – Sarah Moore Dance

Wednesday 30 September

Join Katie for barre fitness, a mixture of ballet movements with yoga and Pilates. No experience necessary. All equipment provided.

CourtX studio (downstairs), Canoe Lake Tennis Pavillion, Canoe Lake, Southsea Esplanade, Southsea, PO4 9RF.

11am – 12pm	Booking required	Sarah Moore
Not available	12	info@sarahmooredance.co.uk
	£5	07708 792928

Seated Yoga

Wednesday 30 September

A gentle, low-impact practice that uses a chair for total support, making movement accessible for all bodies, ages, and fitness levels.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.

11am – 12pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£4	023 9275 1441

Welcome to Milton Piece Community Allotment

Wednesday 30 September

Discover the community allotment – a relaxed, supportive space to enjoy nature, boost wellbeing, and meet new people. There is an opportunity to try gardening, though it is not essential. We'll have refreshments ready for you. There's a large polytunnel with shelter and seating if the weather is wet. Just remember to wear warm outdoor clothing. The site is wheelchair accessible and toilets nearby.

Milton Piece Allotments, Locksway Road, Portsmouth, PO4 8LF. We are at the end of Locksway Road next to Waterlock Gardens bus stop. Please follow the gravel track into the car park and meet at the metal gates.

11am – 3.30pm	No booking required	Independence & Wellbeing Team
Not available	No maximum capacity	iwt@portsmouthcc.gov.uk
	Free	023 9284 1762

Light and Easy

Wednesday 30 September

A gentle class for beginners, ideal for people looking to try exercise for the first time. Come and see us at reception to book in and be shown where to meet for the class.

John Pounds Community Centre, 23 Queen Street, Portsmouth, PO1 3HN.

11.15am – 12pm	Booking required	Rebecca Spencer
Not available	No maximum capacity	JPCHealthyLivingTeam@portsmouthcc.gov.uk
	Free	023 9289 2010

Dance Fitness – Sarah Moore Dance

Wednesday 30 September

Join Katie for a dance workout. Fun dance moves to uplifting music. Feel great and enjoy! Suitable for all abilities!

CourtX – Downstairs studio, Canoe Lake Tennis Pavillion, Canoe Lake, Southsea Esplanade, Southsea, PO4 9RF.

12pm – 1pm	Booking required	Sarah Moore
Not available	14	info@sarahmooredance.co.uk
	£5	07708 792928

Nordic Fitness

Wednesday 30 September

Join us for Nordic Fitness – a low-impact, full-body workout that combines walking with specially designed poles to engage your upper body while you move. It's suitable for all fitness levels and is a great way to get active outdoors in a fun, social setting. Poles provided, please bring comfy shoes, water, and a smile! We will complete a warm-up before setting off for our Nordic walk, walks will vary on a weekly basis. You can book via the website, BH Live Active app or in centre.

The Pyramids, Clarence Esplanade, Southsea, PO5 3ST. Meet us at BH Live Active Pyramids reception.

1pm – 2pm	Booking required	BH Live
Not available	15	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£4.50 (non-members)	bhliveactive.org.uk

Wellbeing Walk – Old Portsmouth

Wednesday 30 September

Ramblers Wellbeing Walks – Old Portsmouth. Come along to our Old Portsmouth walk to meet others and socialise outside. We meet at the Nelson Statue opposite the Garrison Church for a one hour walk. We finish for refreshments in a local café if you wish to join us.

Meet at the bench area next to the Nelson Statue.
Royal Garrison Church Domus Dei, Penny Street, Portsmouth, PO1 2NJ.

1.30pm – 2.30pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Victory Indoor Bowls

Wednesday 30 September

Victory Indoor Bowls and Social Club invite you and your friends to have a go at indoor bowls. Experienced bowlers will be on hand to assist and show you the basics, it's then your turn to have a go and enjoy this growing sport. We have a well stocked bar with free tea, coffee and cakes for you to enjoy. We will provide the bowls/woods and we ask that you wear trainers or similar.

Victory Indoor Bowls, Alex Way, off Northern Parade, Portsmouth, PO2 9PB. Victory Bowls Association Ltd, Northern Parade, Portsmouth, PO2 9PB.

2pm – 4pm	Booking required by phone	Alan Taw
6pm – 8pm	18	alanptaw@yahoo.co.uk
	Free	07860 642400

Local Government Reorganisation Talk — Wednesday 30 September

Local Government Reorganisation in Portsmouth – current issues and the historical perspective.

Lady Mayoresses Parlour in Portsmouth Guildhall, Guildhall Square, Portsmouth, PO1 2AB.

3.45pm – 4.45pm	Booking required	Bonnie Broad
Included	20	bonnie.broad@portsmouthcc.gov.uk
	Free	023 9283 4205

Thursday 1 October

Staying Safe at Home — Thursday 1 October

A talk and demonstration by Telecare and Homesafety Officers that details how technology and safety equipment can help you stay safe and living independently in your own home.

Meet in reception at 9.30am – Civic Offices, Guildhall Square, Portsmouth, Hampshire, United Kingdom, PO1 2AL.

9.30am – 11am	Booking required	Portsmouth City Council
Not available	30	safeathome@portsmouthcc.gov.uk
	Free	023 9283 4460

Smartphone Photography – Portsmouth History — Thursday 1 October

Have a phone with a camera? Learn simple, easy tips to take better photos – from travel adventures to everyday moments – using light, framing, and a steady hand. This friendly session is perfect for beginners. Just bring your phone and enjoy learning something new!

Cosham Library, Spur Road, Cosham, Portsmouth, PO6 3EB.

10am – 12pm	No booking required	Cosham Library
Not available	10	cosham.library@portsmouthcc.gov.uk
	Free	023 9283 4210

Guided Photo Walk: Southsea Seafront — Thursday 1 October

Join a 2-hour guided photo walk along Southsea seafront, designed to inspire creativity and develop your photography skills. Open to all levels, this session welcomes both smartphone and DSLR students. Participants will explore photography fundamentals while completing a short creative assignment to encourage a fresh way of seeing familiar surroundings. A relaxed and supportive environment will help you experiment, share ideas and capture unique images of the coastal landscape.

Southsea Library, 19-21 Palmerston Road, Southsea, PO5 3QQ.

10am – 12pm	Booking required	Karah Mew
Not available	12	karah.mew@copc.ac.uk
	Free	

Wellbeing Walk – Hilsea Lines

Thursday 1 October

Ramblers Wellbeing Walks. Come along to our walking group at Hilsea Lines to meet others and socialise outside. We meet at Scott Road, Bastion 3 by the bench area for a 1 hour walk around the forest. We finish at Casemates café after for a social.

Meet at the bench area at Bastion 3, Scott Road, Portsmouth, PO3 5JH.

10.30am – 11.30am	No booking required	Charlie Johnson
Available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Nature Watch

Thursday 1 October

Take a gentle stroll around Victoria Park, enjoy the sights and sounds of nature, and connect with others in a relaxed outdoor setting. Everyone is welcome – come along and enjoy some fresh air and good company. Wheelchair accessible. Please wear suitable footwear.

Victoria Park, Stanhope Road, Portsmouth, PO1 3HJ. Please meet by the fountain in the park.

10.30am – 12.30pm	No booking required	Lorna Knight
Available	No maximum capacity	iwt@portsmouthcc.gov.uk
Toilets nearby	Free	023 9284 1762

Palette in the Park: Gatcombe Garden

Thursday 1 October

Slow down, look closely, and connect with Portsmouth's hidden nature. Together we'll wander through the park discovering trees, wildlife, seasonal changes, and the stories held through architecture and social history from the past 100 years. We'll then create our own sketchbooks and draw the scene together. Please wear suitable outdoor footwear and clothing. Free event, all art materials provided.

Event delivered together with Countryside Services and Portsmouth Museum and Art Gallery.

Gatcombe Gardens, Copnor Road, Portsmouth, PO2 0TQ.

10.30am – 12.30pm	Booking required	Hannah Thompson
Included	20	Parks@portsmouthcc.gov.uk
Toilets available	Free	023 9283 4180

Smartphone Editing

Thursday 1 October

Have a mobile phone? Discover how to make your photos look their best using the free Snapseed app. This friendly beginner session will show you simple ways to brighten, adjust, and enhance your images with just a few taps.

Cosham Library, Spur Road, Cosham, Portsmouth, PO6 3EB.

12.30pm – 3pm	Booking required	Cosham Library
Not available	10	cosham.library@portsmouthcc.gov.uk
	Free	023 9283 4210

Introduction to Ancestry — Thursday 1 October

Interested in discovering your family history but unsure where to begin? This friendly introductory workshop will guide you through the first steps of researching your family tree. Learn how to use online ancestry resources, search historical records, and uncover information about your ancestors. Booking is required.

The Learning Place, 6 Derby Road, North End, PO2 8HH.

1pm – 3pm	Booking required	The Learning Place
Not available	10	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Creative Craft Group — Thursday 1 October

Looking for a friendly space to unwind, learn new skills and meet like-minded people. Our Creative Craft Group welcomes all abilities, from complete beginners to experienced crafters every other Thursday.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.

1pm – 3pm	No booking required	Age UK
Available	10	enquiries@ageukportsmouth.org.uk
	Free	023 9286 2121

Fratton Friends Variety Club — Thursday 1 October

A friendly group offering a wide range of activities including guest speakers, bingo, quizzes, craft activities and much more! Expect friendly chat and laughter.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.

2pm – 4pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£3.50	023 9275 1441

Tour of Portsmouth Silver Collection — Thursday 1 October

Take a guided tour of the Lord Mayor's Suite and discover its fascinating history, including a collection of civic artefacts and treasures on display.

Portsmouth Guildhall, Guildhall Square, Portsmouth, PO1 2AB.

2.30pm – 4.30pm	Booking required	Bonnie Broad
Included	15	bonnie.broad@portsmouthcc.gov.uk
	Free	023 9283 4205

Backstage Pass — Thursday 1 October

A group of like minded people who meet to talk about music over the ages. This is a friendly social group who like to chat about past gigs, music and a general chat. The group runs every Thursday in the Bold Forester. The group is free but you can buy refreshments if you wish.

The Bold Forester, 177 Albert Road, Southsea, PO4 0JW. We meet inside the Bold Forester on the tables to the left of the pub when you walk in.

2.30pm – 4.30pm	No booking required	Charlie Johnson
Available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
Every Thursday	Free	023 9284 1762

Friday 2 October

Wellbeing Walk – Seafront
Friday 2 October

Ramblers Wellbeing Walk, Southsea Seafront. Meet outside the Pyramids Centre for a walk along Southsea Seafront, finishing in Palmerston Road. A friendly walk for you to meet others and get outside. We finish in the Lord Palmerston in Palmerston Road.

The Pyramids, Clarence Esplanade, Southsea, PO5 3ST.
Meet outside the Pyramids Centre on the main pavement.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Bingo
Friday 2 October

A friendly bingo session enjoyed by all.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.

11am – 1pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£1	023 9275 1441

Coffee & Company
Friday 2 October

The Coffee & Company activity is held on the first Friday and the third Friday of the month. Cup of tea or coffee and a slice of cake included.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.

1.30pm – 3pm	No booking required	Age UK
Included	No maximum capacity	enquiries@ageukportsmouth.org.uk
	£3.50	023 9286 2121

The Portsmouth100 Challenge
Friday 2 October

Think you know Portsmouth? Put your knowledge to the test at our Portsmouth100 Quiz Afternoon! Form a team of up to eight people and enjoy a fun-filled afternoon of questions inspired by Portsmouth's history and the books featured in the Portsmouth100 Collection. Whether you're a history enthusiast, a book lover, or just up for a challenge, come along and join the fun. Don't worry if you don't have a team. Individual participants and smaller groups are very welcome, and we'll help form teams on the day.

Portsmouth Central Library.

2pm – 4.30pm	Booking is essential	Patricia Garrett, with details of how many people are on your team
Not available	Yes, no more than 12 teams of up to 8 people	askalibrarian@portsmouthcc.gov.uk
	Free	023 9268 8259

♫ No Strings Badminton — Friday 2 October

No Strings badminton is the low-cost way to play badminton for a relaxed, social game-play for players over 18 of all abilities. Grab the opportunity to enjoy convenient weekly court time that gets you swinging a racket for fun and fitness. You can book via the website, BH Live Active app or in centre.

This session will take place in the sports hall at Charter Community Sports Centre, Charter Community Sports Centre, Andrew Close, Portsmouth, PO5 4LF.

6.30pm – 7.30pm	Booking required	Carla Earle
Not available	20	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£4.90 (non-members)	bhliveactive.org.uk

Saturday 3 October

Guided Plant Walk – Canoe Lake to Southsea Common — Saturday 3 October

Meet The Remarkable Plants of Southsea Seafront – a walking tour by gardening expert Martyn Cox.

Meet just before 10am outside Canoe Lake café – tour ends on Southsea Common.

10am – 11.30am	No booking required	Martyn Cox
Not available	No maximum capacity	martyn.cox1@outlook.com
	Free	Instagram @gardenwithmartyn

Wellbeing Walk – Hilsea Lido — Saturday 3 October

Ramblers Wellbeing Walk. Come along to our Hilsea Lido walk to meet others and get outside in the fresh air. We meet at the old Blue Lagoon building next to the lido for a one hour walk along the promenade. We finish after at the Wake Park Cafe for refreshments.

Meet outside the Blue Lagoon. The Blue Lagoon, Hilsea Lido, London Road, Portsmouth, PO2 9RP.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Sunday 4 October

Wellbeing Walk – Canoe Lake — Sunday 4 October

Ramblers Wellbeing Walk. Come along to our friendly Canoe Lake walk to meet others and get outside and socialise. This is a one hour walk and we finish after at Café Fresco if you would like to join us.

Meet outside the Canoe Lake Café. Canoe Lake, St Helens Parade, Southsea, PO4 9RG.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Tour of Portsmouth Cathedral Bell Tower and 150 Year Old Clock — Sunday 4 October

An opportunity to visit the bell ringing chamber and clock in the tower of Portsmouth's Anglican Cathedral. See the bells, learn about the art of bell ringing, see a demonstration and visit the 150-year-old clock. Please note that there is a stone spiral staircase to climb to get up to the tower and further rather narrow steps to see the bells.

Cathedral Church Of St Thomas Of Canterbury, High Street, Portsmouth, PO1 2HH.
Please meet just inside the South Door on the High Street side of the building.

1.30pm – 2.30pm	Booking required	Christopher Cockel
2.30pm – 3.30pm	15	portsmouthtowersecretary@gmail.com
	Free	07815 461485

Wellbeing Walk – Milton Foreshore — Sunday 4 October

Ramblers Wellbeing Walks – Milton Foreshore. Come along to our friendly Milton Foreshore walk, where we meet outside the Good Companion Pub over to Milton Foreshore. We finish after at the pub for refreshments if you would like to join us.

The Good Companion, 2 Eastern Road, Portsmouth, PO3 6ES.

2pm – 2.45pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Monday 5 October

Gentle, Relaxing Yoga — Monday 5 October

Join our welcoming and calming yoga classes on Monday mornings, the perfect start to your week! Classes have a gentle, relaxed pace and are open to all ages and abilities. We sometimes enjoy a coffee catch-up in the café too! Please wear comfortable clothing, bring water and a yoga mat if you have one.

Eastney Community Centre, Bransbury Park, Bransbury Road, Southsea, PO4 9SU.
Large hall within the community centre, with access to toilets and café facilities.

9am – 10am	Booking required	Corine Ashton
Available	No maximum capacity	corine@stayzenyoga.com
Toilets available	£10	07478 456331
		www.stayzenyoga.com

Nordic Fitness — Monday 5 October

Join us for Nordic Fitness – a low-impact, full-body workout that combines walking with specially designed poles to engage your upper body while you move. It's suitable for all fitness levels and is a great way to get active outdoors in a fun, social setting. Poles provided, please bring comfy shoes, water, and a smile! You can book via the website, BH Live Active app or in centre.

Meet us at BH Live Active Pyramids reception, where we will complete a warm-up before setting off for our Nordic walk, walks will vary on a weekly basis. Mountbatten Centre, Twyford Avenue, Portsmouth, PO2 9QA.

9.30am – 10.30am	Booking required	Carla Earle
Not available	20	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£4.50 (non-members)	bhliveactive.org.uk

Wellbeing Walk – Victoria Park

Monday 5 October

Ramblers Wellbeing Walk – Come along to our short Victoria Park walk to meet others and socialise. We take a slow walk around the park, taking in the nature and chatting. Meet at the tunnel entrance to the park.

Victoria Park, Anglesea Road, Portsmouth, PO1 3HJ. Meet through the tunnel entrance to Victoria Park.		
10.30am – 11.15am	No booking required	Charlie Johnson
Available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Fratton Friends New Age Kurling

Monday 5 October

New Age Kurling can be enjoyed by all fitness levels and is inclusive to all ages and abilities. Enjoy one hour of Kurling, with the remaining half an hour enjoying a good old cuppa tea, biscuits and a natter.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
10.30am – 12pm	No booking required	Fratton Community Centre
Included	No maximum capacity	frattoncc@yahoo.co.uk
	£4	023 9275 1441

Walking Netball

Monday 5 October

It's netball with a twist! This slower-paced version lets you enjoy the game without the intensity. You'll walk, not run, as you pass, shoot, and score, making it accessible for everyone. It's a fantastic way to improve your fitness, flexibility, and coordination, all while enjoying the thrill of the game. You can book via the website, BH Live Active app or in centre.

Mountbatten Centre, Twyford Avenue, Portsmouth, PO2 9QA. This session will take place on courts 1–4 in the sports hall at Mountbatten Leisure Centre.		
11am – 12.30pm	Booking required	Carla Earle
Not available	30	communitysports@bhlive.org.uk
First session free	Free (BH Live members)	07458 126718
	£4.50 (non-members)	bhliveactive.org.uk

TOFFS Over 50s Racquet Sports

Monday 5 October

The over 50s group is a friendly and social sports session held every Monday, offering a mix of badminton, table tennis, and pickleball in a relaxed and welcoming environment. All abilities welcome. You can book via the website, BH Live Active app or in centre.

Mountbatten Centre, Twyford Avenue, Portsmouth, PO2 9QA. This session will take place on courts 5–8 in the sports hall at Mountbatten Leisure Centre.		
12pm – 3pm	Booking required	Carla Earle
Not available	30	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£3.80 (non-members)	bhliveactive.org.uk

Wellbeing Walks – Derby Road

Monday 5 October

Ramblers Wellbeing Walks – Come along to our Derby Road walk where we walk over to the Stamshaw Foreshore, meet new people and socialise. Open to all.

Meet outside the post office at Derby Road, 6a Derby Road, Portsmouth, PO2 8HH.

12.15pm – 1.15pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Wellbeing Walk – Pier to Pier

Monday 5 October

Ramblers Wellbeing Walks – Come along to our pier to pier walk to meet others and socialise. We meet at Speakers Corner and walk to Clarence Pier back past South Parade Pier to meet after for a social.

Meet at Speakers Corner next to the Briny, Speakers Corner, Southsea, Portsmouth, PO4 0SH.

1pm – 2pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Welcome to Milton Piece Community Allotment

Monday 5 October

Discover the community allotment – a relaxed, supportive space to enjoy nature, boost wellbeing, and meet new people. There is an opportunity to try gardening, though it is not essential. We'll have refreshments ready for you. There's a large polytunnel with shelter and seating if the weather is wet. Just remember to wear warm outdoor clothing. The site is wheelchair accessible and toilets nearby.

Milton Piece Allotments, Locksway Road, Portsmouth, PO4 8LF. We are at the end of Locksway Road next to Waterlock Gardens bus stop. Please follow the gravel track into the car park and meet at the metal gates.

1.30pm – 3pm	No booking required	Lorna Knight
Not available	No maximum capacity	iwt@portsmouthcc.gov.uk
Free parking	Free	023 9284 1762

Portsmouth Pensioners Association Monthly Meeting

Monday 5 October

Talk on tax, care and toy boys by Julie Pollyer, Co-op Legal Services. With raffle and tea.

Council Chamber, 2nd Floor, Guildhall, Portsmouth City Council, Civic Offices, Guildhall Square, PO1 2AL.

1.30pm – 3.30pm	No booking required	Alan Burnett
Included	No maximum capacity	alanburnett@live.co.uk
	Free	

Walking Football — Monday 5 October

Walking football is aimed at keeping people aged 50+ involved with football if, due to a lack of mobility or for other reasons, they are not able to play the traditional game. It is a social and fun activity which has many benefits to physical and mental health.

Portsmouth Gymnastics Centre, Alex Way, Portsmouth, PO2 9AD. This activity takes place on the 3G pitch. Please walk through reception and follow through to the outdoor area.

6pm – 7pm	Booking required	Carla Earle
Not available	25	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£3 (non-members)	bhliveactive.org.uk

Walking Netball — Monday 5 October

It's netball with a twist! This slower-paced version lets you enjoy the game without the intensity. You'll walk, not run, as you pass, shoot, and score, making it accessible for everyone. It's a fantastic way to improve your fitness, flexibility, and coordination, all while enjoying the thrill of the game. You can book via the website, BH Live Active app or in centre.

Charter Community Sports Centre, Greetham St, Portsmouth, PO5 4LF.

7pm – 8pm	Booking required	Carla Earle
Not available	20	communitysports@bhlive.org.uk
First session free	Free (BH Live members)	07458 126718
	£5.50 (non-members)	bhliveactive.org.uk

Tuesday 6 October

Groove & Move: Aerobics — Tuesday 6 October

Groove & Move is a fun, low-impact aerobics class hosted by BH Live in Portsmouth, designed to improve fitness, coordination, and wellbeing through easy-to-follow movement routines set to music. Suitable for all abilities. Participants should wear comfortable clothing, supportive trainers, and bring a bottle of water. Bookable via BH Live website, app or phoning centre.

Mountbatten Centre, Twyford Avenue, Portsmouth, PO2 9QA.

9am – 9.45am	Booking required	Carla Earle
Not available	35	carla.earle@bhlive.org.uk
	£5.50	07458 126718
		bhliveactive.org.uk

Barre Fitness – Sarah Moore Dance — Tuesday 6 October

Join Katie for barre fitness, a mixture of ballet movements with yoga and Pilates. No experience necessary. All equipment provided.

CourtX studio (downstairs), Canoe Lake Tennis Pavillion, Canoe Lake, Southsea Esplanade, Southsea, PO4 9RF.

9.30am – 10.30am	Booking required	Sarah Moore
Not available	12	info@sarahmooredance.co.uk
	£5	07708 792928

Slimming World — Tuesday 6 October

Find real support in your local group. Real food, real support, real results.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
9.30am	No booking required	Lacey Moth
Not available	No maximum capacity	chocolate-7@hotmail.co.uk
	£6.65	07931 690630

Welcome to Milton Piece Community Allotment — Tuesday 6 October

Discover the community allotment – a relaxed, supportive space to enjoy nature, boost wellbeing, and meet new people. There is an opportunity to try gardening, though it is not essential. We'll have refreshments ready for you. There's a large polytunnel with shelter and seating if the weather is wet. Just remember to wear warm outdoor clothing. The site is wheelchair accessible and toilets nearby.

Milton Piece Allotments, Locksway Road, Portsmouth, PO4 8LF. We are at the end of Locksway Road next to Waterlock Gardens bus stop. Please follow the gravel track into the car park and meet at the metal gates.		
10am – 12pm	No booking required	Lorna Knight
Not available	No maximum capacity	iwt@portsmouthcc.gov.uk
Free parking	Free	023 9284 1762

Southsea Morning Women's Institute — Tuesday 6 October

We are a friendly group of women who meet monthly. At our monthly meeting we have a speaker, refreshments and chance for a chat. In addition to our monthly meetings we run a craft group, coffee mornings and other activities. Come and try the WI. First two monthly meetings free then a pro rata charge.

Eastney Methodist Church (opposite Eastney Health Centre), 128 Highland Road, Southsea, PO4 9NH Served by bus routes 1 and 2.		
10am – 12pm	No booking required	Denise Rock
Not available	No maximum capacity	deniserock90@gmail.com
On street parking	Free	07931 968098

Games Club — Tuesday 6 October

Enjoy a relaxed morning of games and good company – Games available include Backgammon, Scrabble, Ludo, Rummikub, Uno, Dominoes, playing cards and more. Includes tea, coffee or squash and a slice of cake.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.		
10am – 12pm	No booking required	AgeUK
Included	No maximum capacity	enquiries@ageukportsmouth.org.uk
On street parking	£3.50	023 9286 2121

Book Launch – 'Red Red Robin – My Long Goodbye to Home' by Alison Light — Tuesday 6 October

Alison was born in Fratton and has gone on to be a successful author. Her book is an amusing, poignant and informative account of her early life. Chance to hear about it and ask questions. The book is published in 2026 by Orion.

Council Chamber, Portsmouth Guildhall, Guildhall Square, Portsmouth, PO1 2AB.		
10.30am – 12 noon	No booking required	Alan Burnett
Not available	No maximum capacity	alanburnett@live.co.uk
	Free	

Wellbeing Walk – Foreshore — Tuesday 6 October

Moderate pace walk where you can meet others. Approximately 60 minutes/2.5 miles. Some slopes/stairs. We finish at the community Centre for a social cup of tea afterwards.

Meet inside Buckland Community Centre in the reception area. Buckland Community Centre, Malins Road, Portsmouth, PO2 7BT.		
10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9283 4130 or 07887 450027

Wellbeing Walk – Civic Offices — Tuesday 6 October

Ramblers Wellbeing Walks – Free walks to meet others and socialise. Meet at 12.15pm outside the main entrance to the Civic Offices This is a faster paced walk. Approximately 50 minutes/2.5 miles.

Civic Offices, Guildhall Square, Portsmouth, PO1 2AL. Meet outside the main doors to the reception area of the civic offices.		
12.15pm – 1.05pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Diversi-Tea — Tuesday 6 October

Diversi-Tea social group – Seated exercise. Take part in this friendly social group where you can have a cup of tea/coffee, chat and do some seated exercise.

Oasis Centre, Arundel Street, Portsmouth, PO1 1LD.		
12.30pm – 2.30pm	No booking required	Independence & Wellbeing Team
Not available	18	iwt@portsmouthcc.gov.uk
	Free	023 9284 1762

Wellbeing Walk – Park to Park

Tuesday 6 October

Ramblers Wellbeing Walk – Park to Park. Come along to our short walk from Eastney Community Centre to Milton Park, for a friendly social to help you get back outside. We finish in the Milton Village coffee shop for a social afterwards.

Eastney Community Centre, Bransbury Park, Bransbury Road, Southsea, PO4 9SU.
Meet outside Eastney Community Centre at the bench area.

1pm – 1.30pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Tech Support

Tuesday 6 October

Weekly one-to-one tech support to help you feel more confident with your devices, digital sessions for all abilities and all devices.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.

1pm – 2pm	Booking required	Age UK
2pm – 3pm	Limited places	enquiries@ageukportsmouth.org.uk
Weekly	£5 per hour	023 9286 2121

Cooking for wellbeing

Tuesday 6 October

Healthy food doesn't have to be bland or boring. Discover how to create delicious, nourishing meals that not only taste great but can also help you feel your best. In this practical 2-hour cooking workshop, you'll learn to prepare simple, healthy recipes using ingredients that support physical wellbeing and a positive mood.

The Learning Place, 6 Derby Road, North End, PO2 8HH.

1pm – 3pm	Booking required	The Learning Place
Not available	6	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Getting to grips with your Android smartphone

Unleash the full potential of your Android smartphone in this introductory workshop. Learn the essentials, including accessing settings, sending text messages, taking photographs and using email. From navigating the user-friendly interface to downloading apps, you will gain confidence and skills needed to make the most of your device and explore its many features and functions. Please note: Your phone must be fully set up and charged before attending the workshop and you must know and be able to enter your email password.

The Learning Place, 6 Derby Road, North End, PO2 8HH.

1pm – 3pm	Booking required	The Learning Place
Not available	10	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Staying Safe at Home — Tuesday 6 October

A talk and demonstration by Telecare and Homesafety Officers that details how technology and safety equipment can help you stay safe and living independently in your own home.

The Civic Offices, Guildhall Square, Portsmouth, PO1 2AL. Meet in reception.		
3pm – 4.30pm	Booking required	Portsmouth City Council
Not available	30	safeathome@portsmouthcc.gov.uk
	Free	023 9283 4460

Southsea Coastal Scheme – Design to Construction — Tuesday 6 October

A presentation on Southsea Coastal Scheme, focussing on the design and the construction of the UK's largest local authority-led coastal defence project which is shaping our new and improved coastline. This talk will be presented by Alex: Design Services Team Manager and Martin: Project Director.

Southsea Coastal Scheme Project Office, Pier Road, Southsea, PO5 3AP. Please report to the main reception lobby to sign in, someone will be there to take you through.		
4pm – 5.30pm	Booking required	Gareth Colwell
Not available	20	southseacoastalscheme@portsmouthcc.gov.uk
/// maker.goat.lions	Free	07875 161800

Bingo — Tuesday 6 October

A friendly bingo session enjoyed by all. Expect a very warm welcome, with refreshments available to purchase as well as a raffle at half time.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
6.30pm – 8.30pm	No booking required	Fratton Community Centre
Available	No maximum capacity	frattoncc@yahoo.co.uk
	Free	023 9275 1441

Wednesday 7 October

Cyber Security for beginners — Wednesday 7 October

Join us for a friendly, hands-on introduction to cyber security designed for beginners. Whether you use the internet for shopping, banking, social media, or work, this workshop will help you understand how to protect yourself and your personal information online. You will learn what cyber security is and why it matters; how to spot scams, phishing emails, and fake websites; tips for creating strong passwords and using two-factor authentication and simple steps to stay safe online.

The Learning Place, 6 Derby Road, North End, PO2 8HH.		
10am – 12pm	Booking required	The Learning Place
Not available	10	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Tour of Portsmouth Silver Collection — Wednesday 7 October

Take a guided tour of the Lord Mayor's Suite and discover its fascinating history, including a collection of civic artefacts and treasures on display.

Portsmouth Guildhall, Guildhall Square, Portsmouth, PO1 2AB.		
10am – 11am	Booking required	Bonnie Broad
Included	15	bonnie.broad@portsmouthcc.gov.uk
	Free	023 9283 4205

Conan Doyle: Doctor, Author and Adventurer — Wednesday 7 October

A talk on Sir Arthur Conan Doyle showcasing some of the archives from the Conan Doyle Collection, more than just Sherlock Holmes!

Portsmouth History Centre, 2nd Floor, Central Library.		
10am – 11am	Booking required, email or phone	Laura Weston
Not available	5	Sherlock.Holmes@portsmouthcc.gov.uk
	Free	023 9283 4184

Wednesday Workout — Wednesday 7 October

A class designed for everyone, an accessible workout for all strengths and physical abilities.

John Pounds Community Centre, 23 Queen Street, Portsmouth, PO1 3HN. Come and see us at reception to book in and find your class.		
10.15am – 11am	Booking required	Rebecca Spencer
Not available	5	JPCHealthyLivingTeam@portsmouthcc.gov.uk
	Free	023 9289 2010

Fratton Friends Arts and Crafts — Wednesday 7 October

A group of people who enjoy sharing their arts and crafts knowledge. Projects include creating stand out pieces for the centre. Come along and share a mornings fun.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
10.30am – 12pm	Booking required	Fratton Community Centre
	No maximum capacity	frattoncc@yahoo.co.uk
	£3.50	023 9275 1441

Wellbeing Walk – Baffins Pond — Wednesday 7 October

Come along to our Wellbeing Walk to meet others and have a social get together. We meet outside Alderman Lacey library. There is the option for a short walk or long walk, and we finish with a social in a local coffee shop. The longer walk is over one hour with our shorter walk being around 30 minutes.

Alderman Lacey Library, 98 Tangier Road, Portsmouth, PO3 6HU. Meet outside Alderman Lacey library facing the pond.		
10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Book Launch – 'We Built this City: A record of the Achievements and Experiences of Older People in Portsmouth'

Wednesday 7 October

A Portsmouth100 project. Authors who have contributed to this wide ranging collection will be on hand to tell us what they have written about the city's past, present and future.

Council chamber, Portsmouth Guildhall, Guildhall Square, Portsmouth, PO1 2AB.		
10.30am – 12 noon	No booking required	Alan Burnett
Available	No maximum capacity	alanburnett@live.co.uk
	Free	

Veterans' Bereavement Café

Wednesday 7 October

The Veterans' Bereavement Café is a friendly, supportive space for veterans and close family members who have lost or are losing a loved one. It offers a quieter place to meet others on a similar journey who understand loss. Includes a full English Breakfast includes and two hot drinks.

Cosy Corner Café – The Bradbury Centre, Age UK Portsmouth.		
10.30am – 12.30pm	No booking required	Age Uk
Available	No max capacity	enquiries@ageukportsmouth.org.uk
	£6.20	023 9286 2121

Seated Yoga

Wednesday 7 October

A gentle, low-impact practice that uses a chair for total support, making movement accessible for all bodies, ages, and fitness levels.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
11am – 12pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£4	023 9275 1441

Introduction to Researching your Family Tree

Wednesday 7 October

Cosham Library, Spur Road, Cosham, Portsmouth, PO6 3EB.		
11am – 1pm	No booking required	Rebecca Spencer
Not available	10	portsmouthhistorycentre @portsmouthcc.gov.uk
Free parking	Free	023 9268 8046

Welcome to Milton Piece Community Allotment — Wednesday 7 October

Discover the community allotment – a relaxed, supportive space to enjoy nature, boost wellbeing, and meet new people. There is an opportunity to try gardening, though it is not essential. We'll have refreshments ready for you. There's a large polytunnel with shelter and seating if the weather is wet. Just remember to wear warm outdoor clothing. The site is wheelchair accessible and toilets nearby.

Milton Piece Allotments, Locksway Road, Portsmouth, PO4 8LF. We are at the end of Locksway Road next to Waterlock Gardens bus stop. Please follow the gravel track into the car park and meet at the metal gates.

11am – 3.30pm	No booking required	Lorna Knight
Not available	No maximum capacity	iwt@portsmouthcc.gov.uk
Free parking	Free	023 9284 1762

Light and Easy — Wednesday 7 October

A gentle class for beginners, ideal for people looking to try exercise for the first time.

John Pounds Community Centre, 23 Queen Street, Portsmouth, PO1 3HN.
Come and see us at reception to book in and be shown where to meet for the class.

11.15am – 12pm	No booking required	Rebecca Spencer
Not available	No maximum capacity	JPCHealthyLivingTeam @portsmouthcc.gov.uk
Free parking	Free	023 9289 2010

Dance Fitness – Sarah Moore Dance — Wednesday 7 October

Join Katie for a dance workout. Fun dance moves to uplifting music. Feel great and enjoy! Suitable for all abilities!

CourtX – Downstairs studio, Canoe Lake Tennis Pavillion, Canoe Lake, Southsea Esplanade, Southsea, PO4 9RF.

12pm – 1pm	Booking required	Sarah Moore
Not available	14	info@sarahmooredance.co.uk
	£5	07708 792928

Nordic Fitness — Wednesday 7 October

Join us for Nordic Fitness – a low-impact, full-body workout that combines walking with specially designed poles to engage your upper body while you move. It's suitable for all fitness levels and is a great way to get active outdoors in a fun, social setting. Poles provided, please bring comfy shoes, water, and a smile! You can book via the website, BH Live Active app or in centre.

Meet us at BH Live Active Pyramids reception, where we will complete a warm-up before setting off for our Nordic walk, walks will vary on a weekly basis, The Pyramids, Clarence Esplanade, Southsea, PO5 3ST.

1pm – 2pm	Booking required	Carla Earle
Not available	14	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£4.50 (non-members)	bhliveactive.org.uk

Wellbeing Walk – Old Portsmouth — Wednesday 7 October

Come along to our wellbeing walk at Old Portsmouth to meet others and have a social walk. We meet opposite the Garrison Church at the steps next to the Nelson Statue. The walk is roughly one hour with a social in a local café at the end.

Meet at the steps opposite the Nelson Statue, Royal Garrison Church Domus Dei, Penny Street, Portsmouth, PO1 2NJ.		
1.30pm – 2.30pm	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Victory Indoor Bowls — Wednesday 7 October

Victory Indoor Bowls and Social Club invite you and your friends to have a go at indoor bowls. Experienced bowlers will be on hand to assist and show you the basics, it's then your turn to have a go and enjoy this growing sport. We have a well stocked bar with free tea, coffee and cakes for you to enjoy. We will provide the bowls/woods and we ask that you wear trainers or similar.

Victory Indoor Bowls, Alex Way, off Northern Parade, Portsmouth, PO2 9PB. Victory Bowls Association Ltd, Northern Parade, Portsmouth, PO2 9PB.		
2pm – 4pm	Booking required	Alan Taw
6pm – 8pm	18	alanptaw@yahoo.co.uk
	Free	07860 642400

Thursday 8 October

Getting to grips with Artificial Intelligence — Thursday 8 October

Artificial intelligence, or AI, is a way of using computers to do things that usually need human intelligence. This workshop will help you to understand what AI is and how you could benefit from it. No prior technical knowledge is required. Booking is required.

The Learning Place, 6 Derby Road, North End, PO2 8HH.		
10am – 12pm	Booking required	The Learning Place
Not available	10	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

History of Portsmouth — Thursday 8 October

Are you interested in learning about the amazing history of our fantastic city? This 1.5-hour session will introduce fun facts and information about the city we all live in. Come along and share your experiences of living in Portsmouth, the great waterfront city.

Southsea Library, 19-21 Palmerston Road, Southsea, PO5 3QQ.		
10am – 11.30am	Booking required	Hugh Cull
Not available	10	hugh.cull@copc.ac.uk
	Free	023 9284 1762

Wellbeing Walk – Hilsea Lines

Thursday 8 October

Come along to our Wellbeing Walk at Hilsea Lines where we walk through the forest for a social walk. This walk is roughly one hour and we finish in Casemates for a social afterwards.

Meet at the bench area at Bastion 3, Scott Road, Bastion 3, Scott Road, Portsmouth, PO3 5JH.

10.30am – 11.30am	No booking required	Charlie Johnson
Available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Nature Watch

Thursday 8 October

Take a gentle stroll around Milton Park, enjoy the sights and sounds of nature, and connect with others in a relaxed outdoor setting. Everyone is welcome – come along and enjoy some fresh air and good company. Wheelchair accessible. Please wear suitable footwear.

Milton Park, Milton Road, Portsmouth, PO4 8PR.
Meet outside Milton Village Hall, wheelchair accessible, flat surfaces and toilets inside the hall.

2.30pm – 4.30pm	No booking required	Lorna Knight
Not available	No maximum capacity	iwt@portsmouthcc.gov.uk
	Free	023 9284 1762

Palette in the Park: Highland Road Cemetery

Thursday 8 October

Slow down, look closely, and connect with Portsmouth's hidden nature. Together we'll wander through the cemetery discovering trees, wildlife, seasonal changes, and the stories held through architecture and social history from the past 100 years. We'll then create our own sketchbooks and draw the scene together. Please wear suitable outdoor footwear and clothing. Free event, all art materials provided. Free light refreshments. Toilet facilities available in St Margaret's Church. Sheltering option available in the event of wet weather at St Margaret's Church, opposite the cemetery. Event delivered together with Countryside Services and Portsmouth Museum and Art Gallery.

Highland Road Cemetery – Highland Rd, Southsea, PO4 9NS.

10.30am – 12.30pm	Booking required	Hannah Thompson
Included	20	parks@portsmouthcc.gov.uk
Toilets available	Free	023 9283 4180

The Stories Behind Britain's Biggest Film Stars

Thursday 8 October

Public Talk: From the King's Theatre to the Cinema Screen.

Menuhin Room, 3rd Floor Central Library.

11am – 1pm	No booking required	Portsmouth History Centre
Not available	No maximum capacity	portsmouthhistorycentre@portsmouthcc.gov.uk
	Free	023 9268 8046

Introduction to Ancestry — Thursday 8 October

Interested in discovering your family history but unsure where to begin? This friendly introductory workshop will guide you through the first steps of researching your family tree. Learn how to use online ancestry resources, search historical records, and uncover information about your ancestors.

The Learning Place, 6 Derby Road, North End, PO2 8HH.		
1pm – 3pm	Booking required	The Learning Place
Not available	10	thelearningplace@portsmouthcc.gov.uk
	Free	023 9262 1860

Fratton Friends Variety Club — Thursday 8 October

A friendly group offering a wide range of activities including guest speakers, bingo, quizzes, craft activities and much more! Expect friendly chat and laughter.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.		
2pm – 4pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£3.50	023 9275 1441

Backstage Pass — Thursday 8 October

A group of like minded people who like to meet up to talk about music and gigs over the decades. The group runs at the Bold Forester pub every Thursday. The group is free but you can buy refreshments if you wish.

The Bold Forester, 177 Albert Road, Southsea, PO4 0JW. Meeting point is inside the Bold Forester on the tables to the left when you walk into the pub.		
2.30pm – 4.30pm	No booking required	Charlie Johnson
Available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Southsea Coastal Scheme: Environment and Heritage — Thursday 8 October

A talk with Rachel and Laura, two of our Coastal Environmental Project Engineers. Rachel and Laura will cover fascinating insight into the environmental considerations and opportunities at Southsea Coastal Scheme, including its unique heritage and ecology. The talk will cover how the environment was considered at every stage of the project from design through to construction. You will also hear about some of the archaeological surprises we uncovered along the way and how these were managed.

Southsea Coastal Scheme Project Office, Pier Road, Southsea, PO5 3AP. Please report to the main reception lobby to sign in, someone will be there to take you through.		
4.30pm – 5.30pm	Booking required	Gareth Colwell
Not available	20	southseacoastalscheme@portsmouthcc.gov.uk
/// maker.goat.lions	Free	07875 161800

Friday 9 October

Wellbeing Walk – Seafront

Friday 9 October

A friendly social walk along Southsea Seafront. We meet outside of the Pyramids centre for a leisurely walk to meet others and connect and finish in Palmerston Road.

The Pyramids, Clarence Esplanade, Southsea, PO5 3ST.
We meet outside of the Pyramids centre on the main path.

10.30am – 11.30am	No booking required	Charlie Johnson
Not available	No maximum capacity	charlie.johnson@portsmouthcc.gov.uk
	Free	023 9284 1762

Bingo

Friday 9 October

A friendly bingo session enjoyed by all.

Fratton Community Centre, Trafalgar Pl, Fratton, Portsmouth, PO1 5JJ.

11am – 1pm	No booking required	Fratton Community Centre
Not available	No maximum capacity	frattoncc@yahoo.co.uk
	£1	023 9275 1441

No Strings Badminton

Friday 9 October

No Strings badminton is the low-cost way to play badminton for a relaxed, social game-play for players over 18 of all abilities. Grab the opportunity to enjoy conveniently weekly court time that gets you swinging a racket for fun and fitness. You can book via the website, BH Live Active app or in centre.

This session will take place in the sports hall at Charter Community Sports Centre, Charter Community Sports Centre, Andrew Close, Portsmouth, PO5 4LF.

6.30pm – 7.30pm	Booking required	Carla Earle
Not available	20	communitysports@bhlive.org.uk
	Free (BH Live members)	07458 126718
	£4.90 (non-members)	bhliveactive.org.uk

60+ Festival 2026 Feedback Form

We'd love your feedback on this year's 60+ Festival to help us improve next year's event.

Please complete the form on the next page, then tear it out and return to the address below:
Portsmouth City Council's Events Team, Floor 2, Guildhall, Portsmouth, PO1 2AJ

You can also email any comments on the festival to **events@portsmouthcc.gov.uk**

Alternatively, you can complete an online version of this survey by scanning the QR code or visiting the website at **research.net/r/60plusfestival2026QR**

60+ Festival 2026 feedback form

1. Where did you pick up this brochure from?

2. We have changed the layout of the event information in this year's printed brochure. How easy was it to find the event information you needed? *(please tick one)*

- ☐ Very easy
- ☐ Easy
- ☐ Neither easy nor difficult
- ☐ Difficult
- ☐ Very difficult

3. Is there any other information or features you would like to be included in the brochure? *(Note, we will ask you about the actual activities in a later question)*

4. We would like to hold events in all parts of the city. Please tell us which postcode area you live in

- ☐ PO1
- ☐ PO2
- ☐ PO3
- ☐ PO4
- ☐ PO5
- ☐ PO6
- ☐ Elsewhere

5. Did you take part in any 60+ Festival activities?

- ☐ Yes
- ☐ No – go to Q14

6. Which activities did you take part in?

7. What did you think about the activities you took part in?

8. Did you try anything new?

- ☐ Yes, please tell us more
- ☐ No

9. How easy was it to get to the activities you attended?

- ☐ Very easy
- ☐ Easy
- ☐ Neither easy nor difficult
- ☐ Difficult
- ☐ Very difficult

10. What did you think of the range of activities on offer?

- ☐ Very good
- ☐ Good
- ☐ Average
- ☐ Poor
- ☐ Very poor

11. Please tell us any other comments you have about this year's 60+ Festival

12. If you would be willing to be contacted to discuss your feedback further, please leave your details below:

Name:

Phone number:

Email address:

Please answer Q13 if you did **NOT** take part in any festival activities. Otherwise, please go to 'Demographics'.

13. Why didn't you take part in any activities? Are there any changes we could make to enable you to take part next year?

Demographics

14. What is your sex?

- ☐ Male
- ☐ Female
- ☐ Prefer not to say

15. Which age range are you in?

- ☐ 60-64
- ☐ 70-74
- ☐ 81-85
- ☐ 65-69
- ☐ 75-80
- ☐ 85+
- ☐ Prefer not to say

16. Which ethnic group do you belong to?

- ☐ White British
- ☐ White other
- ☐ Asian/Asian British
- ☐ Black/Black British
- ☐ Mixed or Multiple ethnic groups
- ☐ Other ethnic groups
- ☐ Prefer not to say

17. Do you consider yourself to have a disability, a long-term illness, or a physical or mental health condition that reduces your ability to carry out day-to-day activities?

- ☐ Yes (please answer Q18)
- ☐ No
- ☐ Prefer not to say

18. What is the nature of your disability, long-term limiting condition or health problem?

- ☐ Physical/mobility
- ☐ Visual impairment
- ☐ Hearing impairment
- ☐ Learning difficulty
- ☐ Mental ill health
- ☐ Other
- ☐ Prefer not to say

Thank you for taking the time to complete this feedback form.

Portsmouth City Council is the Data Controller of any personal data you provide in connection with this survey. It will only be used for the purpose of analysing the results and improving related services and will not be shared with any other organisations in a way that would identify you. For further details of how the council collects and uses personal data, please see our full Data Protection Privacy Notice.

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Portsmouth CITY COUNCIL

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1926 – 2026

A CENTURY OF PRIDE, A FUTURE OF POSSIBILITY

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